



The States of Jersey Department for
Health & Social Services

Patient Information

Acute Coronary Syndromes Medication Summary

Patient Name: _____

Date of Birth: _____


Allergy Status: _____

Pharmacy Department
Jersey General Hospital



The States of Jersey Department for
Health & Social Services

HSS-LFT-0136-2
April 2014

Medication	Drug name and Dose
<p>Glyceryl trinitrate spray for self administration</p> 	<p>Glyceryl trinitrate (GTN) sublingual spray: 1 to 2 sprays under the tongue when required.</p> <p>Initial dose should be taken at symptom onset. If necessary, a further 2 doses should be taken at 5 minute intervals. If symptoms have not settled within 5 minutes of the 3rd dose then emergency medical services should be called.</p>
<p>Anti-platelet therapy</p> <p>Aspirin +/- Clopidogrel or Ticagrelor</p>	<p>Aspirin 75mg once daily +/- Clopidogrel 75mg once daily or Ticagrelor 90mg twice daily</p>
<p>Cholesterol lowering agents</p> <p>Simvastatin, Atorvastatin, Rosuvastatin, Ezetimibe</p>	<p>Drug: _____</p> <p>Dose: _____</p> <p>Drug Description: _____</p>

(Health Care Professional: Please cross out any medication that does not apply to the patient. Add in specific drug and dose for each drug group)

Why you are taking the medication	Counselling points
<p>These are used for controlling your heart rate and reducing angina (chest pain) attacks. Used in patients where beta blockers are not effective.</p>	<p>Take after food or with milk. This medication may cause dizziness. If this should happen, do not drive or operate machinery.</p>

Medication	Drug name and Dose
<p>Calcium Channel blocker agents</p> <p>Diltiazem, Verapamil</p>	<p>Drug: _____</p> <p>Dose: _____</p> <p>Drug Description: _____</p>

If you forget to take a dose of your medication take it as soon as you remember. However if it is nearly time for the next dose, do not take a double dose to make up for the missed one. Take your next dose at the usual time.

Why you are taking the medication	Counselling points
<p>This widens your blood vessels so blood can flow more easily. The GTN spray provides rapid symptoms relief for chest pain (angina).</p>	<p>Only use when required for chest pain, not regularly. It may cause dizziness therefore it is advisable to sit before taking the initial dose.</p> <p>Do not drive a car or operate machinery until you know how this drug affects you.</p> <p>Effects last less than 60 minutes.</p> <p>Remember to check the expiry date on the spray, especially when not needing to use it very often.</p>
<p>These medicines lower the risk of clots forming in your blood which could then lead to a heart attack or stroke.</p>	<p>Course length of Aspirin = long term</p> <p>Course length of Clopidogrel = 4 weeks to 1 year depending on specific condition.</p> <p>Course length of Ticagrelor = 1 year</p>
<p>Reduces the cholesterol (fat) build up that can block blood vessels and therefore reduce blood supply to your heart muscle.</p>	<p>This is to be used long term. Report unexplained muscle pain, tenderness or weakness. Do not take with grapefruit juice.</p>

Medication	Drug name and Dose
<p>Beta-Blocker</p> <p>Bisoprolol, Carvedilol, Metoprolol, Atenolol</p>	<p>Drug: _____</p> <p>Dose: _____</p> <p>Drug Description: _____</p>
<p>Nitrates</p> <p>Isosorbide mononitrate, Isosorbide dinitrate, Glyceryl Trinitrate (GTN)</p>	<p>Drug: _____</p> <p>Dose: _____</p> <p>Drug Description: _____</p>
<p>Angiotensin Converting Enzyme (ACE) inhibitor</p> <p>Ramipril, Lisinopril, Enalapril, Perindopril</p> <p>Angiotensin-II receptor antagonist (ARBs)</p> <p>Losartan, Valsartan, Irbesartan, Candesartan</p>	<p>Drug: _____</p> <p>Dose: _____</p> <p>Drug Description: _____</p>

Why you are taking the medication	Counselling points
<p>Improves your heart's ability to relax and over time it will improve your heart's pumping ability and exercise tolerance. Beta - blockers are also used to control high blood pressure.</p>	<p>This is used long term. Do not stop taking this medication unless your doctor tells you to. Take with meals. Food delays how fast beta-blockers are absorbed and should reduce side effects.</p>
<p>These widen your blood vessels so blood can flow more easily. They are used to relieve heart pain (angina).</p>	<p>This medication may cause dizziness and headaches. Do not drive a car or operate machinery until you know how this drug affects you. It can be taken before bed initially if dizziness is a problem. If taken twice a day, it should be taken in the morning and at lunchtime.</p>
<p>These help to dilate your blood vessels and improve your blood flow, which lowers your blood pressure.</p> <p>ARB's are often used if you cannot tolerate ACE - inhibitors.</p>	<p>This is used long term. ACE - inhibitors are usually taken on an empty stomach one hour before meals.</p> <p>ARB's can be taken on an empty or a full stomach.</p>