

What to expect after a transoesophageal echocardiogram (TOE)

If local anaesthetic was used in your throat, you should not eat or drink anything until normal sensation returns. This is usually within two hours after the procedure.

A mildly sore throat is no cause for concern and should resolve within 24 hours.

Normal food can be taken after the examination, though you may prefer light meals on the day of the procedure.

Alcohol, in combination with any sedation you may have had, is likely to make you more sleepy than usual.

Activities

If you have been given sedation during the procedure, it will make you less alert than usual. You should therefore not drive, make any major decisions or sign any important documents today.

You may resume normal activities on the day after the examination.

You may resume your normal medications after the procedure.

Please ask if you are not sure that a medication is safe to re-commence.

Things to be concerned about

Severe pain or vomiting

Temperature greater than 38 ° c

Redness, tenderness and swelling that persists at the site of the intravenous injection

Contact details

If you have any worries whatsoever, please contact us on

+44 (0) 1534 442572, from 8am to 6.30pm.

When we are closed, please contact the General Hospital on +44 (0)1534 442000, and ask to speak to the Endoscopy Nurse on-call.

Or you may attend the Emergency Department at the General Hospital, or contact your own GP.



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Gouvernement d'Jèrri



Health and Community Services

Patient Information

Discharge information Transoesophageal Echocardiogram (TOE)

Aubin Ward / Endoscopy
Jersey General Hospital

Gouvernement d'Jèrri